

TEGAN JAE

Content Creator | Journalist | Presenter



CONTACT

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EDUCATION

UNIVERSITY OF LANCASHIRE

- Ba Hons - Journalism
- Predicted = 1st Class Honours

TRAINED IN:

- TV
- Online
- Radio
- Socials
- Digital
- Media Law

SKILLS

- Social Media
- Canva/Adobe Software/Capcut
- Editing
- Creative
- IT and CRM
- Effective Communication
- Working under Pressure

INTERNSHIPS

- BBC North West Tonight
- BBC Radio Manchester
- Global Radio
- Liverpool Echo
- Trill Magazine
- Manchester Evening News
- Blog Preston
- Lancs Live

PROFILE SUMMARY

I'm a confident self-shooter and editor, I'm driven by creativity, curiosity, and a genuine love for storytelling in all its forms. Alongside my work, I run The Journalism Diaries - a personal passion project where I share honest insights into the industry and the realities of breaking into it. Over the past year, the platform has reached more than four million views, helping to inspire and inform aspiring journalists.

WORK EXPERIENCE

Coastal Radio DAB

JANUARY 2024 - PRESENT

Radio Presenter & Content Creator

- Hosted my own weekly Late Nights Radio show, developing audio production, live presenting and on-air confidence.
- Produced and managed content for Tiktok, Facebook and Instagram - growing audience reach and engagement.
- Represented the brand at live events such as Lytham Festival and Local Business Awards.
- Collaborated with the station team to align social media output with brand identity and campaign goals.

AJP Social Studio

DECEMBER 2024 - PRESENT

Social Media Assistant

- Help clients define their brand values.
- Network with a variety of businesses.
- Film, edit and create content for a variety of clients.
- Video & audio editing for podcasts and socials.
- Have creative input on social media projects.

BBC Manchester

FEBRUARY 2025

3 Day Placement

- Developed a creative "Vegas-themed" rugby league game idea that was featured on air.
- Practised delivering hourly news bulletins, improving confidence and broadcast delivery skills.
- Contributed story ideas during editorial discussions.
- Shadowed and collaborated closely with the production and editorial teams across TV, Radio and Online.
- Received two pieces of positive feedback from team members for creativity and enthusiasm.